

Personal Character Self-Assessment –These are traits related to the quality of your personal character rather than character traits related to academic success. Please reflect and complete the table below using the following scale:

- SCALE**
- 5 = Very much like me
 - 4 = Like me
 - 3 = Somewhat like me
 - 2 = Unlike me
 - 1 = Very much unlike me

| Trustworthiness | | Tri 1 | Tri 2 | Tri 3 | Growth? |
|------------------------|--|-------|-------|-------|---------|
| 1 | I am honest –I don't deceive, cheat, or steal | | | | |
| 2 | I am reliable — I do what I say I'll do | | | | |
| 3 | I have the courage to do the right thing | | | | |
| 4 | I am loyal — I stand by my family and friends | | | | |
| Respect | | | | | |
| 6 | I treat others with respect; follow the Golden Rule | | | | |
| 7 | I am tolerant and accepting of differences | | | | |
| 8 | I use good manners, not bad language | | | | |
| 9 | I am considerate of the feelings of others | | | | |
| 10 | I don't threaten, hit or hurt anyone | | | | |
| 11 | I deal peacefully with anger, insults, and disagreements | | | | |
| Responsibility | | | | | |
| 12 | I do what I am supposed to do | | | | |
| 13 | I plan ahead | | | | |
| 14 | I persevere: I keep on trying! | | | | |
| 15 | I always do my best | | | | |
| 16 | I am self-disciplined | | | | |
| 17 | I think before I act — consider the consequences | | | | |
| 18 | I set a good example for others | | | | |
| Fairness | | | | | |
| 19 | I take turns and share | | | | |
| 20 | I am open-minded; listen to others | | | | |
| 21 | I don't blame others carelessly | | | | |
| 22 | I treat all people fairly | | | | |
| Caring | | | | | |
| 23 | I am compassionate and show you care | | | | |
| 24 | I express gratitude | | | | |
| 25 | I forgive others | | | | |
| 26 | I help people in need | | | | |
| Citizenship | | | | | |
| 27 | I cooperate with others | | | | |
| 28 | I obey laws and rules | | | | |
| 29 | I respect authority | | | | |
| 30 | I volunteer | | | | |

Self Reflection after each self-assessment...

Trimester 1: Which characteristics would you like to make a strong effort to improve?

What will be your plan to improve these characteristics?

Trimester 2: Which characteristics would you like to make a strong effort to improve?

What will be your plan to improve these characteristics?

Trimester 3: Which characteristics would you like to make a strong effort to improve?

What will be your plan to improve these characteristics?

